



COURSE OUTLINE: CYC360 - INTEGRATED SEMINAR 4

Prepared: Child and Youth Care Faculty

Approved: Karen Hudson - Dean

Course Code: Title	CYC360: INTEGRATED SEMINAR IV
Program Number: Name	1065: CHILD AND YOUTH CARE
Department:	CHILD AND YOUTH WORKER
Academic Year:	2025-2026
Course Description:	This course is designed as follow-up to the previous Integrated Seminar course, and as a co-requisite to Community Practicum IV. Its focus is on the students growth and development both personally and professionally. The concept of professionalism will be explored with respect to career planning, commitment, communication and ethics. Self-assessment, interview skills and employment preparedness will be emphasized.
Total Credits:	2
Hours/Week:	2
Total Hours:	28
Prerequisites:	CYC310
Corequisites:	CYC358
Vocational Learning Outcomes (VLO's) addressed in this course:	1065 - CHILD AND YOUTH CARE
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 1 Develop and maintain therapeutic relationships with children, youth and their families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs
	VLO 2 Assess the strengths, developmental and holistic needs of children, youth and their families, using methods grounded in theoretical frameworks, research and therapeutic practices, to develop care and intervention plans.
	VLO 4 Use equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based frameworks, as well as cultural humility, to create positive and sustainable solutions and respond to inequities and to systemic barriers experienced by children, youth and their families.
	VLO 6 Employ communication, collaboration and relational skills with the inter-professional team and with community partners to ensure and enhance the professionalism of practice.
	VLO 7 Engage in self-inquiry, relational inquiry and critical reflection to develop strategies for learning and the practice of self-care, as a practitioner.
	VLO 8 Use professional development resources and supervision to increase professional capacity, learning and leadership skills.
	VLO 9 Adhere to relevant legislation and Child and Youth Care standards of practice, competencies, and codes of ethics as a practitioner.
	VLO 10 Practice in a variety of contexts and settings, respecting needs for developmental growth, safety, wellbeing and agency, while addressing the varying age and developmental ranges of children, youth, and their families.



	VLO 12	Develop the capacity to work with children, youth and families who identify with Indigenous, Black, and racialized communities, as well as people in LGBTQ2+ and disabled communities, by identifying systemic inequities and barriers, integrating practices such as trauma-informed care, and respecting their inherent rights to self-determine.
Essential Employability Skills (EES) addressed in this course:	EES 1	Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
	EES 2	Respond to written, spoken, or visual messages in a manner that ensures effective communication.
	EES 3	Execute mathematical operations accurately.
	EES 4	Apply a systematic approach to solve problems.
	EES 5	Use a variety of thinking skills to anticipate and solve problems.
	EES 6	Locate, select, organize, and document information using appropriate technology and information systems.
	EES 7	Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 8	Show respect for the diverse opinions, values, belief systems, and contributions of others.
	EES 9	Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
	EES 10	Manage the use of time and other resources to complete projects.
	EES 11	Take responsibility for ones own actions, decisions, and consequences.
Course Evaluation:	Passing Grade: 50%, D A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.	
Course Outcomes and Learning Objectives:	Course Outcome 1	Learning Objectives for Course Outcome 1
	1. Use principles of relational practice while respecting children, youth, and families unique life space, cultural and human diversity.	1.1 Identify where they have applied the principles of relational practice including consideration, safety, trust, presence and empathy in their practicum. 1.2 Select and use strategies of relational, developmental, trauma-informed, and culturally safe practices to support changes for children and youth`s interpersonal patterns. 1.3 Identify factors that promote mental health and well-being, or indicate the need for support to maintain it. 1.4 Evaluate interactions and progress with children, youth and their families to identify if adaptations are necessary to ensure equity and cultural sensitivity. 1.5 Respect Indigenous ways of knowing and the use of Wise approaches to support Indigenous children, youth and their families.
	Course Outcome 2	Learning Objectives for Course Outcome 2
	2. Employ communication, collaboration, and relational skills with the	2.1 Establish and maintain positive relationships within the seminar team environment that reflects cooperation and professionalism as determined by ethical standards,

	<p>interdisciplinary team and with community partners to ensure and enhance the professionalism of practice.</p>	<p>organizational policies, and current legislation. 2.2 Employ written and electronic communication with accuracy and conscious use of tone, wording, context and professionalism. 2.3 Establish and maintain appropriate boundaries with classmates and seminar instructor. 2.4 Consult with peers in seminar to gain a holistic understanding of services for children, youth, and their families. 2.5 Collaborate with peers in seminar to identify therapeutic programs, approaches, and resources that respond to identified areas of need and strengths for children, youth, their families and communities within the context of their practicum setting. 2.6 Employ public speaking skills for the purposes of workshop facilitation and community support. 2.7 Develop clear, concise and respectful written, verbal and non-verbal, and electronic communications that uses anti-oppressive language. 2.8 Maintain the privacy and confidentiality of child, youth and family information in accordance with all legislative requirements, and agency policies.</p>
	<p>Course Outcome 3</p>	<p>Learning Objectives for Course Outcome 3</p>
	<p>3. Engage in self-inquiry, relational inquiry and critical reflection to develop strategies for learning and the practice of self-care as a practitioner.</p>	<p>3.1 Identify self-care strategies using self-inquiry and reflection processes to promote self-awareness. 3.2 Assess professional skills, knowledge and personal well-being and reflect on the impact of those factors on one's own practice. 3.3 Analyze and discuss strategies to address or prevent compassion fatigue, vicarious trauma, stress reactions and other professional issues or trends in the field of child and youth care by mentoring and collaborating with peers. 3.4 Reflect on one's own biases and critically examine how one's own identity and experiences influence their interactions with children, youth and families. 3.5 Value self-care strategies and integrate preventative crisis management techniques and emotional regulation practices into one's own practice 3.6 Access and utilize appropriate resources, supervision feedback and self-care strategies to enhance personal growth and professional practice.</p>
	<p>Course Outcome 4</p>	<p>Learning Objectives for Course Outcome 4</p>
	<p>4. Use professional development resources and supervision to increase professional capacity, learning, and leadership skills.</p>	<p>4.1 Using formal and informal supervision, identify and communicate strengths and challenges in order to seek feedback and develop strategies to enhance one's individual and professional growth and competence. 4.2 Demonstrate skills in teamwork and decision making by actively participating in weekly class case discussions using a specific peer supervision model. 4.3 Determine current skills and knowledge through self-assessment, reflection and collaboration with the seminar instructor and peers.</p>

		<p>4.4 Establish SMART goals and objectives (Specific, Measurable, Realistic, and Time Reasonable) to enhance work performance and evaluate progress towards those goals.</p> <p>4.5 Determine and adjust practice in accordance with feedback from peers and seminar instructor.</p> <p>4.6 Identify relevant professional codes of ethics as well as professional standards to guide practice.</p> <p>4.7 Develop a professional identity as a Child and Youth Care practitioner.</p>						
	Course Outcome 5	Learning Objectives for Course Outcome 5						
	<p>5. Promote equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based at the individual, group, and systems level in accordance with professional conduct and code of ethics.</p>	<p>5.1 Recommend best practices for children, youth and their families by working collaboratively, using cultural humility, respecting unique life spaces and connecting theory to practice.</p> <p>5.2 Identify and consider individual social locations, power, privilege and experience might impact practice when working in relationships with children, youth and their families.</p> <p>5.3 Determine if there are services, programs, or activities that would relate to the diversity of needs of children and youth , or regional difference that may affect them.</p> <p>5.4 Support children, youth and their families in overcoming system-based barriers as they seek to engage in care practices and support services, through development of care plan.</p> <p>5.5 Support children, youth and families t access relevant, culturally appropriate community resources that respond to their identity and promote inclusion and equity.</p>						
Evaluation Process and Grading System:	<table border="1"> <thead> <tr> <th>Evaluation Type</th> <th>Evaluation Weight</th> </tr> </thead> <tbody> <tr> <td>Assignments</td> <td>80%</td> </tr> <tr> <td>Participation and Professional Practice</td> <td>20%</td> </tr> </tbody> </table>		Evaluation Type	Evaluation Weight	Assignments	80%	Participation and Professional Practice	20%
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Date:	June 17, 2025							
Addendum:	Please refer to the course outline addendum on the Learning Management System for further information.							